

Weekly Meal Plan:

To

	Meal	Food Type	Food Choice	Special Items Needed/Grocery Planner
Sunday	<i>Breakfast</i>	<i>Pancakes</i>		
	<i>Dinner</i>	<i>Big Dinner</i>		
	<i>Dessert</i>	<i>Pie/Cobbler</i>		
Monday	<i>Breakfast</i>	<i>Muffins</i>		
	<i>Dinner</i>	<i>Crockpot</i>		
	<i>Dessert</i>	<i>Ice cream</i>		
Tuesday	<i>Breakfast</i>	<i>Yogurt/Smoothies</i>		
	<i>Dinner</i>	<i>Taco</i>		
	<i>Dessert</i>	-		
Wednesday	<i>Breakfast</i>	<i>Breakfast Sandwich</i>		
	<i>Dinner</i>	<i>Fasy & Easy</i>		
	<i>Dessert</i>	<i>Cookies/Brownies</i>		
Thursday	<i>Breakfast</i>	<i>New Recipe</i>		
	<i>Dinner</i>	<i>New Recipe</i>		
	<i>Dessert</i>	-		
Friday	<i>Breakfast</i>	<i>Eggs</i>		
	<i>Dinner</i>	<i>Grill</i>		
	<i>Dessert</i>	<i>Cake</i>		
Saturday	<i>Breakfast</i>	<i>Brunch</i>		
	<i>Dinner</i>	<i>Pasta/Pizza</i>		
	<i>Dessert</i>	-		