

My Weekly Meal Plan



Monday

Breakfast - Muffins
Dinner - Crockpot
Dessert - Ice cream

Tuesday

Breakfast - Yogurt/Smoothies
Dinner - Tacos
Dessert -

Wednesday

Breakfast - Breakfast Sandwich
Dinner - Fast & Easy
Dessert - Cookies/Brownies

Thursday

Breakfast - New Recipe
Dinner - New Recipe
Dessert -

Friday

Breakfast - Eggs
Dinner - Grill
Dessert - Cake

Saturday

Breakfast - Brunch
Dinner - Pasta/Pizza
Dessert -

Sunday

Breakfast - Pancakes
Dinner - Big Dinner
Dessert - Pie/Cobbler